

Dry needling in Brunei

- ▶ At the end of 2011, the APA was approached by the Jerudong Park Medical Centre in Brunei to run the Musculoskeletal Segmental and Dry Needling for Physiotherapists course.

Trevor Montgomery travelled to Brunei at the end of April to coordinate this course on behalf of the APA; he presented to eight hospital-employed physiotherapists over two days.

The course was well-received by all participants, with many saying that it was 'excellent; very much beyond expectation'. When asked about the specific benefits of attending the course, participants stated that using the techniques they had learned would allow for better and faster patient recovery and outcomes. One participant said, 'This course would be beneficial for the physiotherapists all over the world'.

Trevor found all the course participants to be receptive to learning this relatively invasive treatment technique, and they were quick to extrapolate its use to their current patients, many of whom receive orthopaedic and stroke rehabilitation.

Trevor had a wonderful time and found Brunei to be a fascinating place. The hospitality of the people, particularly those at the Jerudong Park Medical Centre, was amazing. Genevieve Yee, who was instrumental in organising the course, was kind enough to volunteer as a model, as did her boss, Lynn; both plan to utilise the staff's new skill sets in the future.

